SELF-AWARENESS, THE INNER GUIDE

Everything absolutely everything happening in the world today, be it nature, science, psychology or whatever—can be understood metaphysically within the context of one thought-idea. That thought-idea can be expressed in words as: Mind Aware of Itself. 1. Mind, 2. Aware, 3. of Itself. The Triune Principle again. Nothing ELSE is happening.

Everything that is going on right now—or has happened throughout the history of time, for any of us, individually or collectively, is some part of the thought-idea contained in those words. Mind Aware of Itself. This is true objectively and it is true subjectively. The entire human experience is Mind’s Self-examination happening.

Everything in our world is within Mind; all is within Awareness. When I hear a lecture or read a book--the same. If the lecture is absurd or the book inspiring--the same. What we hear and see and read out there is but more grist for the mill, and we turn inward to the Child-we-are, to Authority Itself as our Guide in exploring and understanding this people/places/events scene.

Journal tending keeps one turning to the first Guide within himself, to his own inner Selfhood, the Child, the Self-I-Am. Journal tending begins as a self-to-self soliloquy. It proceeds to a Self-to-self Soliloquy as new glimpses begin to come. Finally, as old ideas are written again and again, each time refined, sharpened and re-proven, our journals become Self-to-Self Divine Soliloquys and we begin to GIVE our journal derived insights to those who come asking about them. All who persist in meditative journal tending eventually get to the center of things and REDISCOVER the Christ Selfhood who was and is the Original Child of us.

"Sam, this sounds a little like the channeling I've been hearing about..."

Yes, yes. There are truer strains of Being which everyman is capable of hearing within himself. We can hear other personalities within us just as we can hear them on the outside when we’re having coffee with friends. Journal tending eventually introduces us to an entire array of personality types within us, and we are all of them. But the Guide we want to reach (in prayer, meditation, self-induced catatonic states or whatever) is the REAL Selfhood within us, and there is no better way to get there than through one’s own undrugged and undeluded head. We are not trying to get through to someone else who lived at another time in history. We get through to the Self of Identity WE are NOW who stands on both sides of linear time. This is the Guide that tells us what to do with the words of books, ministers, saints, teachers, and channelers.

"Are you saying that the person who goes into a trance and speaks with the voice of another person is self-deluded?"
No. But if Truth can suddenly begin flowing out of the preacher’s mouth—or the channeler’s—so can NOT-Truth. Such words are untested and untried and eventually come up short. We delude ourselves if we do not test these words. There are honest channelers, of course. Priests, practitioners, rabbis and ministers who pray within themselves are also channeling in the action called intercessory prayer, especially when they listen within themselves to the Christ-Self and then, as honestly as possible, find the words for what is disclosed, write them, put whatever has been disclosed to the test, and then give to others aloud what has been revealed, lived, and proven to be good and true in the world.

There ARE times when we "speak out of the Spirit" and we hear the most amazing thoughts pouring out of our mouths. This is true for ministers or anyone else. I make the caution about testing our words to those who study with me because I view them to be teachers who are soon to publish. The things we publish for our public self should be tried and true!

The true teacher teaches others how to do their own "channeling" straight through to the introduction of Self to self to Self. When people depend on an external channeler, rather than their OWN inner Guide, they end up with another deluding activity on their personal scene, little different from metaphysics and/or religion preached to them by someone else. That procedure hasn’t done the job either. Even journal tending can be (and will first try to be) self-deluding for a time. But our deluded self is the ego-self that we are to understand and overcome, step by step, line upon line—which is the inevitable reward of the journal.

The bottom-up understanding of "channeling" will NEVER understand the top-down view of channeling. Going within to the Original Selfhood, the Perfect and Original Child-we-are, is the CORRECT procedure that we DO with our journal tending here on the people/places/things scene. THEN we look out in the world and see all sorts of delineating procedures, ceremonies, and rituals CONFIRMING our action. The old/new fad of channeling to other people in other times as we are presently hearing so much about, is called our attention to the importance of reaching the Selfhood WE are.

With much love,
William Samuel